

MENTEE EXPECTATIONS & GUIDANCE

PRE-SEASON

- Establish logistics of mentor/mentee relationship: how often and best time to talk and share contact information.
- Share and review your latest rating letter and strengths /weaknesses.
- Request copy of Mentor's game schedule.
- Make a list of specific goals and identify steps to reach these goals.
- Attend US Lacrosse Convention (if possible), and local chapter opportunities for training and classroom education.
- Discuss your game schedule, assigned partners, and level of games.

IN-SEASON

- Attend at least one of your Mentor's games to observe specific skill areas that you want to improve.
- Keep a log/journal of games, partners, questions, and personal victories.
- Watch a game together to watch and discuss umpire mechanics, field coverage and situational procedures.
- Throughout the season discuss rules, interpretations, judgments, and game situations from your games.
- Break games into component parts: what level was the competition, what was the demeanor of the coaches and players, what actions occurred and under what game circumstances. What rulings or judgments were made in response to these variables?
- Attend meetings and events listed under "Board Events" during the season.

GET TO KNOW SOMEONE!



MENTOR EXPECTATIONS & GUIDANCE

PRE-SEASON

- Meet and establish logistics of Mentor/Mentee relationship: how often and best time to talk, share contact information.
- Guide your Mentee in identifying strengths and weaknesses. Set two to four specific goals for the season together and identify steps to reach these goals.
- Ask your assigner to schedule you with your Mentee on at least two games. If possible, work together early in the season and then again toward the end of the season.
- Obtain a copy of your Mentee's game schedule.
- Discuss their schedule, assigned partners and who might be helpful teachers, level of games, fitness level, and attitude.

IN-SEASON

- Attend at least one, but try to attend two of your Mentee's games and after the game(s), talk about the game(s) with your Mentee.
- Watch a game together to watch & discuss umpire mechanics, field coverage, and situational procedures.
- Throughout the season call your Mentee to discuss rules, interpretations, judgments, and game situations in their games and in your games.
- Listen carefully to what your Mentee is saying (or not saying.).
- At the end of the season, meet with your Mentee and give overall feedback on season growth.